



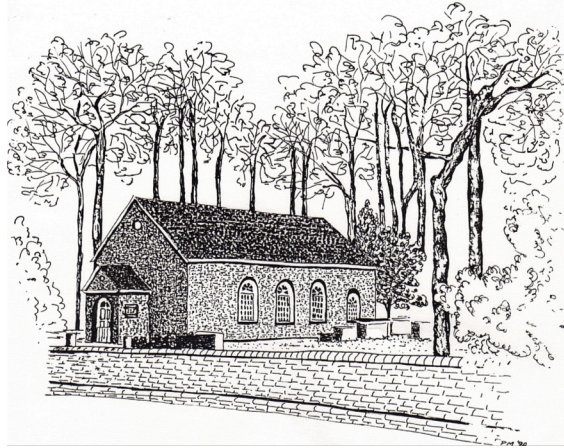
NON-PROFIT ORGANIZATION

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URBANNA, VA

PERMIT No. 6

January
2020



Location:

Rt. 33 & 638

Christchurch, Middlesex County, Virginia

Mailing:

PO Box 476; Saluda, Virginia 23149

Telephone:

804-758-2006

E-Mail:

ccparish@verizon.net

Website:

christchurchmiddlesex.com

Sunday Services:

8:00 AM

A quiet traditional Service of Holy Communion

10:30 AM

A Family Service of Holy Communion

with Music and Choir

The Rev. Stuart Wood, Rector

The Rev. Bob Pritchard, Ph.D., Associate Rector

Join us for Sunday & Wednesday Services

Christ Church Parish (Episcopal) Middlesex Monthly Newsletter for January of 2020



Rector's Message

As I rush around the house trying to prepare for my Christmas Open House and the New Year, I find myself stopping to go through the different piles of papers that have accumu-

lated over time. While doing this, I came across an article that I had saved which speaks directly to this time of year and I thought it was worth sharing some of the thoughts expressed in it. The article is by the Rev. Diana Lee Beach and is titled "Rediscover the Light".

She writes, "While the secular holiday rush is behind us, liturgical Christians still focus our collective lives in Christ on the three seasons of Advent, Christmas, and Epiphany to make this physically dark time of year both spiritually and emotionally satisfying and enlightening."

She reminds us that Advent had called us to keep awake through the shortening days and to not just focus on what was to

come, but stay aware of what we had already been blessed with, in our lives. That our joyous Christmas celebrations with family and friends have helped us see that our core story is much more than the idealistic families reflected in 1950s TV shows. Families can be messy and uneven, and yet so blessed by God's presence and incarnation that it continues to take our breath away even after two thousand years of history. And Epiphany now calls us to remember that God's incarnation is never-ending and always creating a new thing.

Each year is a new beginning, and amidst the New Year's resolutions that many of us make we need to include in them the task of working on our spiritual and mental health. Find time to slow down and cut back on the frantic running around. Give yourself the opportunity to honor this season and be open to the things that are revealed during the quietness that may be new and unexpected. Just look at the first three words of this message, "As I rush". I am writing to myself as much as I'm writing to you. Slow down, watch, listen, and pray. Remember that Epiphany is here to celebrate all that truly brings light into our lives. Let's not rush past it, but embrace and enjoy it. To all, may the light come.

Fr. Stuart

Senior Warden Input

Pam McClelland

“We are a family of faith, growing in Christ through worship, learning and service, who strive to love God and to love our neighbors as ourselves.”

The Vestry met on December 10, 2019, for the regular monthly meeting. Minutes of this meeting are in the holder on the bulletin board. We discussed progress on our annual goals posted on the bulletin board. These goals will be continued in 2020.

Our new Vestry will hold its annual retreat on Saturday, January 18, 2020. For cost-saving reasons, this will be held in our Parish Hall. If you see our cars in the parking lot that day, please “do not disturb”. I will share details about this meeting in the February newsletter.

We are all very excited about the church-wide fundraiser for St. Paul’s Baptist Church to be held on February 15. Details follow...

Our New Year’s Blessing to you

Junior Warden Input

Jeff Loustaunau

Thank you to all those folks who have contributed to the many jobs and projects that were completed during 2019. It was definitely a team effort and one that I think we can all be proud of so thank you to our Building and Grounds Committee. The members of this committee are listed on our Vestry Bulletin Board.

Going forward this coming year, we have several projects that we are hoping to accomplish as part of our Maintenance Plan, which is also posted on the Vestry Bulletin Board. A distinction that I would like to make is that contracts that we have to do (like caring for the grounds, the cleaning of our buildings, and the maintenance of our HVAC system plus other contracts) are all included in the 2020 Budget.

What isn’t included in the 2020 Budget, are the special projects in the Parish Hall such as painting a room or two, installing a new kitchen floor, adding ice clips to our metal roof, just to name a few. Also, not in the 2020 Budget are the special projects in the Church and around the grounds such as caulking the ridge cap on the roof, repointing the Sacristy walkway, and the repaving of the entrance road to the church grounds.

We will still get these projects done, but the funding will be coming from other

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“SHARE THE LOVE” Concert

for

Saint Paul’s Baptist Church

By

Pam McClelland, Senior Warden

All members of our congregation are invited to attend the “Share the Love” concert, being sponsored by our Vestry and Outreach Committee, on Saturday, February 15, 2020. It is being held at St. Claire Walker Middle School auditorium from 3 pm to 5 pm. There will be articles in local papers and we will be advertising the concert.



Saint Paul’s Baptist Church in Jamaica, VA, built over 147

years ago, was destroyed by a fire in November of 2018. The congregation lost their entire building and all its contents. Can you imagine this happening to us?



Due to delays with insurance and county ordinances, they are finally able to begin construction on a replacement on the same site. We want to help them replace some of its contents.

That brings us to the “Share the Love Concert” we are organizing as a fundraiser. The school auditorium affords us a large venue so that the concert can be open to

all of Middlesex County. It will be an exciting and rewarding day.

Our own Clayton Neal is lining up an array of singers and musicians, who are graciously donating their time for this worthy cause. Clayton, along with Gary Archer, are from the old “Jumbo Lump Daddy” days, and Paige Melton, an incredible local singer, will be among the performers. As soon as we have the full cast of performers, it will be distributed.

It is hoped that you all can come to share your love with our church community. Realizing that some of you will be away in February, we have established an account for donations. The ECW has already made a generous donation! Should you decide to donate, please make your check payable to “Christ Church Parish”, noting that it is a “donation for St. Paul’s Church”. Love offerings will also be collected on the day of the concert. All donations will go directly to Saint Paul’s. What a wonderful way for our church to demonstrate our love for a church in need.



We can always use assistance, so If you would like to help us, please contact Pam McClelland, Mary Jo Atterholt, or any member of the Outreach Committee.

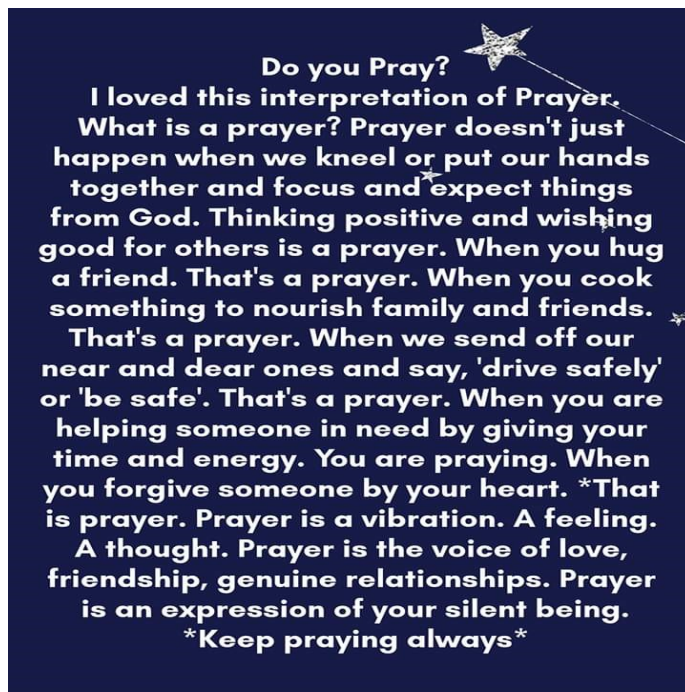
“Works of love are always works of joy. We don’t need to look for happiness. If we have love for others, we will be given it. It is the gift of God.” Mother Teresa

Editor: Thanks to the Southside Sentinel & Steve Richardson for the pictures.

Catechism Corner

By
Miles Libbey

The catechism section of the BCP (p.844) is not meant to be a complete statement of belief and practices; rather, it is a point of departure. Test your knowledge by comparing your answers with the book's, later in the newsletter on page 14.



THANK YOU!

I would like to take this opportunity to collectively thank each and every one of you for the Christmas card and gift that was presented to me at our Sunday morning worship service on the Fourth Sunday of Advent. Your generosity continues to overwhelm me and I am so grateful for your support of our common ministry together. I look forward to this coming year and pray that God will continue to bless each and every one of you with love and good health, and when needed, That His healing hands may rest upon you to give you strength and comfort in whatever need arises.

God Bless,, Fr. Stuart

Junior Warden Report Continued from page 2

sources such as grants and some volunteer efforts. For example, Susan Neal successfully obtained grant money to help with the repair of the interior walls in the church a year ago. And we feel that there are a number of other untapped opportunities along those same lines for the type of work we need to get done. We will keep you posted on our progress.

Please remember that our priorities are:

- To ensure our facilities are safe and keep those on our facilities safe.
- To ensure the preservation of the historic nature of our facilities.
- To do the necessary planned maintenance in order to avoid expensive and unexpected repair and replacement costs.
- To ensure the church complies with all legal and environmental criteria and regulations – in order to ensure the facility is one that is attractive and welcoming to our current members, our guests, and our future members.

Help us meet these priorities by letting us know of any deficiencies that require our attention.

Thank You!!!

Jeff Loustaunau

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- Eagle Scouts are eligible for many schola ships. Unigo, a network for future college students, offers a list of [Eagle Scout-only scholarships](#).
- Every branch of the U.S. Military allows Eagle Scouts to enter at a higher rank and pay grade than people who aren't Eagle Scouts.
- Many employment recruiters look for "Eagle Scout" on a resume. Employers are looking for the traits that Eagle possess.
- Earning the rank of Eagle Scout will continue to open employment doors throughout a man's life. It is often the only high school accomplishment that is listed on his resume regardless of his age.

When a Boy Scout becomes an Eagle Scout, he enters into a brotherhood, Eagle Scouts united by their commitment to the ideals of Scouting. George Crowl said it best in his Welcome to a New Eagle charge:

"In the years to come, you will casually meet men who are Eagles too, there will be an instant bond of comradeship. For you have each shared a common experience. You each know the other can be trusted, as a friend and as a brother Scout. The comradeship among Eagles extends throughout the nation, yes even around the world."

Boy Scouts don't earn their Eagle Scout rank for accolades and benefits. They do it because they are living the Scout Law every day.



Eagle Scout Honor Court

Christ Church Parish Boy Scout Troop 341 continues its proud tradition of growing Eagle Scouts. On January 4, 2020 Scouts Kenneth Beam, Bryan Graulick and Neaven Johannsen were honored at the Eagle Scout Honors Court in Christ Church and received their Eagle Scout Badge for their parents.

Eagle Scout is the highest rank attainable in the Boy Scouting program of the Boy Scouts of America. A

Scout who attains this rank is called an **Eagle Scout or Eagle**. Since its introduction in 1911, the Eagle Scout rank has been earned by more than two million young men. In all, **2,485,473** young men have become Eagle Scouts from 1912 to 2017. That includes every Eagle Scout since the very first one: Arthur Rose Eldred in 1912. The biggest benefit that a young **man** gets when he earns his **Eagle Scout** rank is that he is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent. He embodies the **Scout Law**, and that **makes** him a **man** of strong character.



The Boy Scouts of America's highest rank is the [Eagle Scout](#). This prestigious award is widely recognized throughout the country even by those who aren't familiar with the requirements. The fact that the rank is based on accomplishing a set of national standards rather than some arbitrary qualifications makes being an Eagle Scout worthwhile.

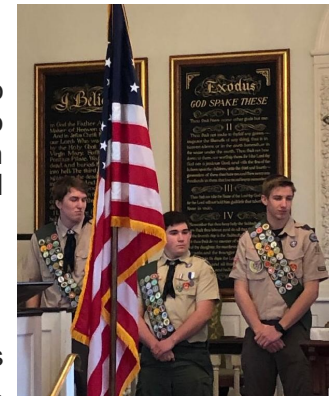
Becoming an Eagle Scout takes perseverance and work. Boy Scouts have to earn all of the ranks in order starting with Tenderfoot (soon to be Scout). Here is a list of the activities that the Boy Scout will complete on his [journey to Eagle Scout](#):

- Earn 21 [Merit Badges](#).
- Serve a minimum of 6 months in a leadership position.¹
- Propose, plan, and carry out an [Eagle service project](#).
- Attend a Scoutmaster conference and pass a board of review.²

That's a pretty tall order for teenage boys. In fact, only about 6.5% of all eligible Boy Scouts earned their Eagle rank in 2018.

Since it takes so much work, why do boys do it? Some are mature enough to understand the impact that having the award will have on their lives.

Scouts earned their Eagle rank in 2018.³ Since it takes so much work, why do boys do it? Some are mature enough to understand the impact that having the award will have on their lives. Others are encouraged by their parents and Scoutmasters.



Benefits of Earning the Eagle Scout Rank

The biggest benefit that a young man gets when he earns his Eagle Scout rank is that he is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent. He embodies the Scout Law, and that makes him a man of strong character. These traits will help him in everything he does, from husband and father to employee to community leader.

Eagle Scouts value perseverance, discipline, motivation, leadership, accountability, and achievement. And those lead to tangible benefits.

- College admissions officers recognize the award and consider it in their decisions. Being an Eagle Scout won't make up for poor grades, but it will give a boy an advantage. The officers may not know about other awards a young man has won or organizations he's in, but they recognize the Eagle Scout rank.

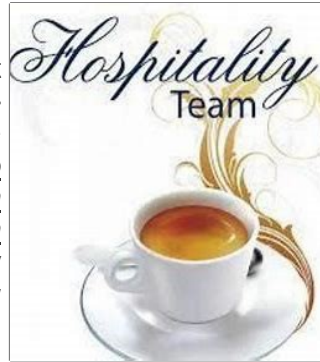
<i>January</i>		<i>Christ Church Parish</i>	<i>Calendar of Events</i>			<i>2020</i>
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. 27 8:00a Holy Eucharist Rite I 10 *Father Stuart is participating 10:30a Holy Eucharist Rite	2 Oct. 28 8p AA	Oct. 29 Noon AA 9:30a Hospitality Committee	41 Oct. 30 ting Threads	2 Noon AA 6:45p Boy Scouts 5554	3	4 11a Eagle Scout Ceremony in Church with reception in Great Hall
5 8:00a Holy Eucharist Rite I 9:15a Adult Sunday School 10:30a Holy Eucharist Rite II 2-5p Open House @ Fr. Stuart's	6 8p AA	7 9:30a Hospitality Committee Noon AA	8 9:30a Holy Eucharist 10:15a Celtic World Series begins 1p Connecting Threads	9 9:30a Outreach Committee Noon AA 6:45p Boy Scouts	10	11
12 ANNUAL MEETING 9a Breakfast 10a Joint Service 11a Meeting	13 8p AA	14 SUPER TUESDAY!! 9a Finance Committee 10a Worship Committee Noon AA 4p Endowment Board 5:30p Vestry Meeting	15 9:30a Holy Eucharist	16 Noon AA 6:45p Boy Scouts	17	18 9a—2p Vestry Retreat
19 8:00a Holy Eucharist Rite I 9a Brotherhood Breakfast 10:30a Holy Eucharist Rite II	20 8p AA	21 Noon AA	22 9:30a Holy Eucharist	23 Noon AA 6:45p Boy Scouts	24	25
26 8:00a Holy Eucharist Rite I 9:15a Adult Sunday School 10:30a Holy Eucharist Rite II	27 8p AA	28 Noon AA	29 9:30a Holy Eucharist	30 Noon AA 6:45p Boy Scouts	31	

HOSPITALITY COMMITTEE

Miles Libbey, Bev Hart, Roland Anderson; Mary Lynn Landgraf, Jack Fackler

Meets the 1st Tuesday of each month at 9:30 AM.

As you can see from the member line above, one of the busiest committees at Christ Church Parish is woefully lacking in membership at this time. They had three active members “retire” due to “ageing out” and one has left them due to health issue. **So the first order of business is to put out a call to all Church members who might be interested in stepping up to join this great and active group of dedicated volunteers.** They are responsible for a lot of our Church activities so they know that there is something you would enjoy doing. Just show up on February 11th in the Vestry Room at 9:30 AM and check them out!



In the mean-time, this core of folks has had and continues to have wide raging thoughts about what Hospitality might be able to do in 2020. It all sounds very exciting



Karen Brown and Ginger Smither. Our other members include Clayton Neal, Jack Fackler, Judy Quilter, Cahir Jean Holt, Sharon Colston, Vestry liaisons Mary Jo Atterholt, Karen Brown, Ginger Smither and Pam McClelland, and Fr. Stuart.

Our Mission Statement emphasizes the mission statement of the whole church, to serve and care for our neighbors as our selves. We have been involved in several projects over the last year, such as filling duffle bags for foster children and for seniors in the county during times of transition. With your generous donations of items for these duffle bags, CCP was able to fill 10 bags for Social Service the 1st part of December. Thank you so very much for being a part of helping these persons to know that others care for them.

A couple of other ways that we worked in our community involved helping to pack bags for the WIN Program at the Cryer Center and to assist a family who experienced a house fire just before Christmas. The mother suffered severe burns to her arm and hand, so we were able to purchase a gift card from Food Lion to help them purchase easy to prepare meals for their family. Clayton Neal also reported that another opportunity to pack WIN bags is scheduled for January 18th at 1 pm at the Cryer Center—if you wish to help, just meet at the Cryer Center at that time.

Our group is also assisting the Vestry with the Music Program on February 15th to

Continued on p. 11

Outreach Continued from p. 10

raise donations for St. Paul's Baptist Church's rebuilding program after their devastating fire in November 2018.

More opportunities continue to present themselves and many great ideas are presented each time we meet. We welcome your ideas and support throughout the year.

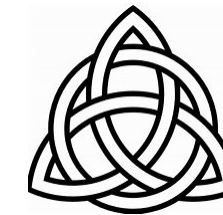
This year we welcome 2 new members to this ministry, Karen Brown and Ginger Smither. Our rotating schedule of members enables us to share the wealth of resources for our many projects and interests.



Blood Pressures:

Bev Hart, Jean Holt, Pat and Roland Anderson volunteer the 1st Sunday of each month to take blood pressures after each service. If your doctor wishes for you to keep track of your blood pressure, we also provide a card on which to keep this information. Check in the library on the first Sundays and have your blood pressure taken. Also, if you need your blood pressure checked at other times, ask one of us while we are at church, and we can help you with that.

The Celtic World



Are you busy, busy on Sunday morning? Choir rehearsal? Altar Guild? Coffee hour host? So that slot for Christian Education doesn't exactly work for you, and although you look at it, and hope, it just doesn't happen. We have an alternative! Starting on January 8th, and each month on the SEC-OND Wednesday, we will offer a drop-in Christian Education session in the Great Hall, immediately following Father Stuart's mid-week Eucharist which begins at 0930. If you haven't been attending that terrific service, you will be in for a treat. There were so many saints of whom we never knew...or at least I didn't!

For this initial offering, we will use the Great Courses, The Celtic World. There are 24 lectures on DVD, 30 minutes each, which we will watch 2 at a time, so we can finish in one year. So, we will start about 10:15, watch two lectures until about 11:15-30 (depending on how difficult the verger finds the equipment), and then discuss. No fuss.

The first two are: The Celts and The Celts and the Classical World. Hope to see you there! The Verg



President, John Hawkins; Secretary, Dave Wilcox; Treasurer, Mike Floyd

As we moved through the Christmas season and recognized Christ's light in our lives, the importance of family, love, and compassion are highlighted. We follow Christ by serving one another and hopefully can carry that message into the New Year. The Brotherhood Breakfast for January 2020 will be on the 19th at 9:00 am, as the previous week (January 12) we will have our annual Congregational meeting. Phil Brown will chair the meeting as I will be out of town for a conference. Mike Floyd has agreed to speak on Internet and email phishing and security related issues, an increasingly important topic in these times. In February, we would like to continue the tradition of Valentine's Breakfast and invite the women of the ECW/Christ Church to join us for a special breakfast on February 16 (2 days after Valentine's) at 9:00 am. We are planning to have a special "couples" talk from Miles Libby and Sharon Colston who will share their experiences and pictures from their recent trip to China. We hope all can join.



ECW Board for 2020: President, Karen Gorin; Vice President, Karen Brown, Corresponding Secretary, Cathy Spence; Recording Secretary, Sallie Wells; Treasurer, Virginia Miller

We had a good turnout of women for our annual Xmas luncheon and meeting. Thank You Fr. Stuart for attending and giving a blessing prior to our luncheon. Delicious dishes were shared and enjoyed, as always. A successful meeting followed. Minutes will be posted on bulletin board in the Parish Hall.

ECW unanimously voted to give money to purchase saxophone for Nicole Davis. Debbie was able to surprise Nicole on Xmas morning!!

Thank you all for your continued support with all our events this year. Looking forward to another fantastic year, 2020!

NEWSLETTER DEADLINE

JANUARY 25TH.

ALTAR and FLOWER GUILD SCHEDULE

Jan. 5	Jan. 12	Jan.19	Jan. 26
Team 3	Team 4	Team 5	Team 1

USHER SCHEDULE

Jan. 5 10:30AM	Jan. 12 10:30AM	Jan.19 10:30AM	Jan. 26 10:30AM
Chris Jones Dave South	Chris Jones Dave South	Chris Jones Dave South	Chris Jones Dave South

Christ Church Parish Servers' Schedule

	Jan. 5	Jan. 12	Jan.19	Jan. 26
		Annual Mtg.		Healing Svc.
0800	Rite 1 (HE) Dave W.	One Service 10:00 AM	Rite 1 (HE) Jeff S.	Rite 1 (HE) Jennette A
1030	Rite II (HE)	Rite II (HE)	Rite II (HE)	Rite II (HE) Healing Svc
EM/Ablutions	Ann P.	Sharon C.	Grace P.	Jean H.
EM/Prayers	Jack H.	Grace P.	Ann P.	Grace P.
Crucifer/Acolyte	Robin W.	Nicole D.	Tom C.	Nicole D.
Lector	Lydia D.	Miles L.	Diane M.	Nicole D.
Gospel Bk. Bear.	Jack H.	Grace P.	Ann P.	Peg M.



Lurlene Samuel	1	Lee Davis	3
Bill Brown	5	Leigh Cross	7
Jim Knupp	13	Garry Clay	13
Donna Gates	16	Jerry May	17
Steve Richardson	20	Byron Parker	26



Pete & Judy Mansfield	Jan. 1, 1981
Robin & Sallie Wells	Jan. 16, 1960
	60 Years!!

Catechism Corner Answers

What is meant by the Messiah?

The Messiah is one sent by God to free us from the power of sin, so that with the help of God we may live in harmony with God, within ourselves, with our neighbors, and with all creation.

Who do we believe is the Messiah?

The Messiah, or Christ, is Jesus of Nazareth, the only Son of God. God the Son

Let's go Spear Phishing!!!

A dangerous new wave of email scams falls under a specific type of phishing called spear phishing, in which criminals target specific individuals in an attempt to win their confidence and obtain information they can use to steal money.

Cybercriminals love spear-phishing attacks because they are easy and cost-effective—no need to set up a fake website or coordinate a large scale hacking event, just email an unsuspecting staff member, pretend to be someone else, and make a simple request. According to the Symantec Internet Security Threat Report, spear phishing is by far the most popular method of attack, used in 71% of cases.

Increasingly, these spear-phishing attacks are gaining in sophistication and becoming more difficult to detect and guard against. It's important to remember that these attacks usually target a specific individual, and they very often seem real.

A cybercriminal will have done some homework to prepare for an attack, including reviewing the target company's website to get the name and title of both the target and the sender they plan to impersonate, as well as other information to help make the email seem more authentic.

Here's how to Guard Against Spear Phishing Attacks:

1. **Check the "from" email:** When you receive an email that looks like it's from a person you know, always check the email address next to the name of the sender to verify that it's correct. Email addresses can sometimes be spoofed, so to double-check, click "reply" to see what email appears in the

"To" field. Do **NOT** actually reply to the email.

2. **Use your knowledge of the person:** If you receive an email that looks like it's from someone you know, check it carefully to see if it matches what you know about the person. Does the phrasing, tone, or language seem strange or uncharacteristic? Do they use a name, greeting, or sign-off other than the one you're used to seeing? Do they have the right signature file or graphic at the end of the email?

3. **Check for misspellings and awkward phrasing:** In one email scam, the phisher wanted to "advise the quantity and domination to procure." Uh, you mean "denomination"? As the conversation continued, the scammer stopped using any sort of punctuation or sentence spacing, just long strings of run-together phrases. Of course, there's always a chance your colleague doesn't know how to spell or write, but it's still worth checking—phishing emails are notorious for being poorly written.

4. **Be suspicious:** The X-Files had it right: Trust no one. **If you have the slightest suspicion about the origin of an email you receive, call the person independently to confirm that they sent it, and never do anything involving money, business operations, or revealing sensitive information without verifying, in person if possible, that the person who appears to be emailing you actually wants you to perform the requested task.** So many spear-phishing attacks could be foiled by simply popping your head into someone's office and saying, "Hey, do you really want me to do this?"